

THE SOLO ADVENTURIST PACKING LIST

I am a minimalist packer. I'm this way after many trips being bogged down with too much stuff. Things I had no solid reason to bring. It was a lot of "Just in case". I hope you will consider keeping your items down to a minimum. Remember...They sell a lot of what you need in 99% of the places you are going.

CATEGORY	ITEM	Location	Status
Luggage			
	Flight Bag/Personal Bag (Under Seat)	Carry-on Plane	
	Secure Day Bag	Suitcase	
	Packing Cubes	Suitcase	
	Makeup Bag	Suitcase	
	Toiletry Bag	Suitcase	
	First Aid kit	Suitcase	
	Document Holder	Suitcase	
Clothes			
	Top 1	Travel Outfit	
	Top 2	Suitcase	
	Top 3	Suitcase	
	Top 4	Suitcase	
	Top 5	Suitcase	
	Top 6	Suitcase	
	Bottom 1	Travel Outfit	
	Bottom 2	Suitcase	
	Bottom 3	Suitcase	
	Dress 1	Suitcase	
	Dress 2	Suitcase	
	Lightweight Jacket	Travel Outfit	
	Outerwear 2	Suitcase	
	Pajamas 1	Suitcase	
	Underwear 1-5	Suitcase	
	Socks 1-3	Suitcase	
	Compression Socks	Travel Outfit	
	Swimsuit 1	Suitcase	
	Additional	Suitcase	
	Additional	Suitcase	
	Additional	Suitcase	
	Additional	Suitcase	
	Additional	Suitcase	
Shoes			

	Pair 1	Suitcase	
	Pair 2	Suitcase	
	<i>You are wearing Pair 3 to Travel In</i>	Travel Outfit	
Accessories			
	Scarf	Travel Outfit	
	Money Belt	Travel Outfit	
	Jewelry	Suitcase and Travel Outfit	
	Reusable Water Bottle	Suitcase	
	Sunglasses	Personal Bag - Under the Seat	
	Passport Holder	Personal Bag - Under the Seat	
	Eye Mask	Personal Bag - Under the Seat	
	Wallet	Personal Bag - Under the Seat	
Toiletries			
	Toothbrush	Personal Bag - Under the Seat	
	Toothpaste	Personal Bag - Under the Seat	
	Face Moisturizer	Personal Bag - Under the Seat	
	Sun Block	Personal Bag - Under the Seat	
	Razor	Suitcase - Toiletry Bag	
	Deodorant	Suitcase - Toiletry Bag	
	Body Moisturizer	Suitcase - Toiletry Bag	
	Prescription Medication	Personal Bag - Under the Seat	
	Antibacterial wipes/gel	Personal Bag - Under the Seat	
	Contact Solution (if needed)	Suitcase - Toiletry Bag	
	Pain Relievers	Suitcase - Toiletry Bag	
	Upset Stomach Medication	Suitcase - Toiletry Bag	
	Allergy Pills	Suitcase - Toiletry Bag	
	Motion Sickness Tablets	Suitcase - Toiletry Bag	
Makeup and Hair			
	Eye Brow Pencil	Suitcase - Makeup Bag	
	Foundation	Suitcase - Makeup Bag	
	Lipstick or lip-gloss	Suitcase - Makeup Bag	
	Mascara	Suitcase - Makeup Bag	
	Eye Liner	Suitcase - Makeup Bag	
	Hair Ties	Personal Bag - Under the Seat	
	Travel size Hair Brush	Personal Bag - Under the Seat	
	Travel Size Mirror	Personal Bag - Under the Seat	
Electronics			
	International Travel Adapter	Suitcase - Electronics Bag	
	External Hard Drive	Suitcase - Electronics Bag	

